Temporary Space Maintainer for Broken Appliances

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When a Nance holding arch fractures during molar distalization with a device such as a Jones Jig* or a nickel titanium spring (Fig. 1), space can be lost while the appliance is being repaired. This article shows how to make a temporary space maintainer for such an emergency.

Technique

The space maintainer is made with a light-cured temporary restorative material (Fermil**). This material can be easily manipulated with the fingers to fit between the first molar band and the bicuspid (Fig. 2). Cure each of the three surfaces for 30 seconds to set the material (Fig. 3). Make a mark on one end before final curing to facilitate future placement in the mouth (Fig. 4).

Remove the cured space maintainers (Fig. 5), and instruct the patient in how to replace them according to the marks (Fig. 6).

If the patient wears the space maintainers regularly, the repaired Nance holding arch can be recemented with no loss of space (Fig. 7).

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**Fig. 3** Light-curing of restorative material.

**Fig. 5** Cured space maintainers.

**Fig. 4** Mark made on anterior end of material before final curing.

**Fig. 6** Space maintainers replaced in mouth according to marks.

**Fig. 7** Repaired Nance holding arch recemented with no loss of space.